

Appendix F: Sample Medical History Template

<p>Chief Complaint The one or more concerns that have prompted the person to seek care</p>
<p>History of Presenting Illness (Pressure Injury)</p> <ul style="list-style-type: none">• Description of how the pressure injury developed• Thoughts and feelings about the pressure injury• What tests/treatments have been carried out• Responses to treatment
<p>Past Medical History</p> <p>Medical: Illnesses (e.g., diabetes, spinal cord injury, hypertension, etc.); weight gain or loss</p> <p>Surgical: Dates, indications, and type of operations</p> <p>Psychiatric: Illness, diagnoses, and treatments (including timeframes/dates)</p>
<p>Allergies List all allergies and type of reaction</p>

Family History Outline or diagram age and health, or death/cause of death, of immediate relatives (parents and siblings)

Personal and Social History Sources of support, coping style, source of income, lifestyle habits (smoking, alcohol, street drugs), dietary intake, exercise, description of place of residence.

Devices currently used, and funding sources for these: type of wheelchair, cushions, bed, mattress, and aids to mobility and transfers. Record the age of the devices and current function.

Systems Review

CNS: any strokes, headaches, chronic diseases that affect sensation or mobility (e.g., Parkinson’s, MS, etc.)

ENT: problems with eyes, ears, nose, or throat; problems swallowing

RESP: any breathing problems (e.g., COPD, asthma), cancer

Psychiatric: problems with mood, anxiety, psychosis, addiction, sleep pattern, cognitive problems

CVS: heart issues, hypertension, hypotension, PVD

GI: bowel, stomach, gallbladder problems; issues with bowel movements; dietary issues, intake, weight loss, or gain

GU: History of urinary tract issues (e.g. infections, frequency, incontinence)

Integumentary: skin issues, rashes, cancers, previous pressure injuries

Endocrine: diabetes, thyroid issues

Diagnostic Tests Blood work, x-rays, scans, biopsies, ultrasounds (record date and results)