

Appendix H: Resource List

This resource list can be completed with details specific to your region. Information on this list should be validated and kept up-to-date.

RESOURCE	NAME OF RESOURCE/ CONTACT DETAILS	COMMENTS
Emergency, hotlines, helplines (e.g., seniors abuse line, crisis line, 911)		
Safe houses, safe accommodation, shelters, transitions houses		
Victim services (e.g., police-based services; sexual assault centre; fraud detection)		
Response team or resource team for cases of abuse and neglect		
Information and resource centres		
Provincial or territorial networks (refer to Appendix J)		
Associations (e.g., Alzheimer's Society)		
Seniors organizations for recreation, education, peer support, advocacy		
Community centre/seniors' centres: social activities, wellness, education		

RESOURCE	NAME OF RESOURCE/ CONTACT DETAILS	COMMENTS
Pension information: sources to find information or assistance with Canada Pension Plan, Old Age Security and Guaranteed Income Supplement		
Health services: home care, home visiting for house-bound seniors, nursing station (for remote communities)		
Community health centres: health promotion, primary health care		
Home services: housekeeping, home meal delivery		
Respite care		
Language services (i.e., translation/interpretation services)		
Immigrant or refugee services		
Ethnocultural organizations that address abuse issues		
Counseling and mental health services: support groups (for older adults or for caregivers), addictions counselors, healing circles		
Programs for people who abuse or neglect		

RESOURCE	NAME OF RESOURCE/ CONTACT DETAILS	COMMENTS
Community Leadership (Chief and Council)		
Community police		
Clergy/faith healer		
Legal aid/legal services for low income people		
Public Guardian/Trustee/Curator services: if older adult is mentally incapable of financial and/or personal care decision-making. May act as a financial and/or personal decision maker if no one else is appropriate and available.		
Ombudsman: investigates complaints of public services; advises government; recommends changes to practices, policies and legislation.		
Other		