

# Appendix P: Example: Safety Plan Interventions



## Safety Plan Interventions

Purpose: for those residents who are exhibiting signs of aggression, disorientation, frequent falls, inappropriate behaviors, the following suggested interventions are to be tried and evaluated identified issues: \_\_\_\_\_

Therapeutic Interventions	Date Tried	Effective	Non Effective	Staff Initials
Orientated to surroundings				
Visual monitoring increased				
Improved lighting/night lights				
Room temperature adjusted				
Powered lift chair (if available)				
Chair seating has been reassessed				
Low bed				
Bed alarm				
Chair alarm				
Toileting routine has been individualized & reviewed				
Can clearly find bathroom? – pictures used				
Hip protectors – tried?				
Moved closer to Nurses station				
Sleep & rest periods have been reviewed & adjusted				
Acceptable & useable call bell in place/ available				
Correct footwear in use				
Food & fluid intake reviewed re hunger/thirst issues				
Activities reassessed and adjusted				
Identified pain related issues are addressed				
Contributing factors assessed for and treated e.g. infection				
1:1 activities implemented				
Increased walking/exercise programs				

Therapeutic Interventions	Date Tried	Effective	Non Effective	Staff Initials
Medication Review –dose/schedule adjusted				
Diversion therapy implemented				
Sturdy chairs for sitting in				
Assistive devices are accessible				
Bedside commodes in place				
Trapeze / bed poles available				
Floor mat				
Bed against wall				
Bed rail(specify # & type)				
Elbow/knee pads tried/implemented				
Behaviour mapping completed				
External referrals made (OT/PT etc)				
Music Therapy tried				
Anti-glide chair pad.				
Bed Wedges				
Alarmed seatbelt				
Foam perimeter mattress				
<b>Date completed</b>				

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