**Cornell Scale for Depression in Dementia**

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<table>
<thead>
<tr>
<th>Client Name:</th>
<th>Date:</th>
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<tr>
<td>Administered at:</td>
<td>Assessment By:</td>
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<td>Discharge:</td>
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### Mood-related Signs
1. **Anxiety**
   - anxious expression, ruminations, worrying

2. **Sadness**
   - sad expression, sad voice, tearfulness

3. **Lack of reactivity to pleasant events**

4. **Irritability**
   - easily annoyed, short tempered

### Behavioural Disturbance
5. **Agitation**
   - restlessness, handwringing, hairpulling

6. **Retardation**
   - slow movements, slow speech, slow reactions

7. **Multiple physical complaints**
   - (score 0 if GI symptoms only)

8. **Loss of interest**
   - less involved in usual activities
   - (score only if change occurred acutely, e.g., less than 1 month)

### Physical Signs
9. **Appetite loss**
   - eating less than usual

10. **Weight loss**
    - (score 2 if greater that 5 lbs. in 1 month)

11. **Lack of energy**
    - fatigues easily, unable to sustain activities
    - (score only if change occurred acutely, e.g., less than 1 month)

### Cyclic Functions
12. **Diurnal variation of mood symptoms**
    - worse in the morning

13. **Difficulty falling asleep**
    - later than usual for this client

14. **Multiple awakenings during sleep**

15. **Early morning awakening**
    - earlier than usual for this client

### Ideational Disturbance
16. **Suicide**
    - feels life is not worth living, has suicidal wishes, or makes suicide attempt

17. **Poor self-esteem**
    - self-blame, self-depreciation, feelings of failure

18. **Pessimism**
    - anticipation of the worst

19. **Mood-congruent delusions**
    - delusions of poverty, illness or loss

### Total:

**Scoring System**

Ratings should be based on symptoms and signs occurring during the week prior to interview. No score should be given if symptoms result from physical disability or illness.

- 0 = absent
- 1 = mild or intermittent
- 2 = severe
- N/A = unable to evaluate