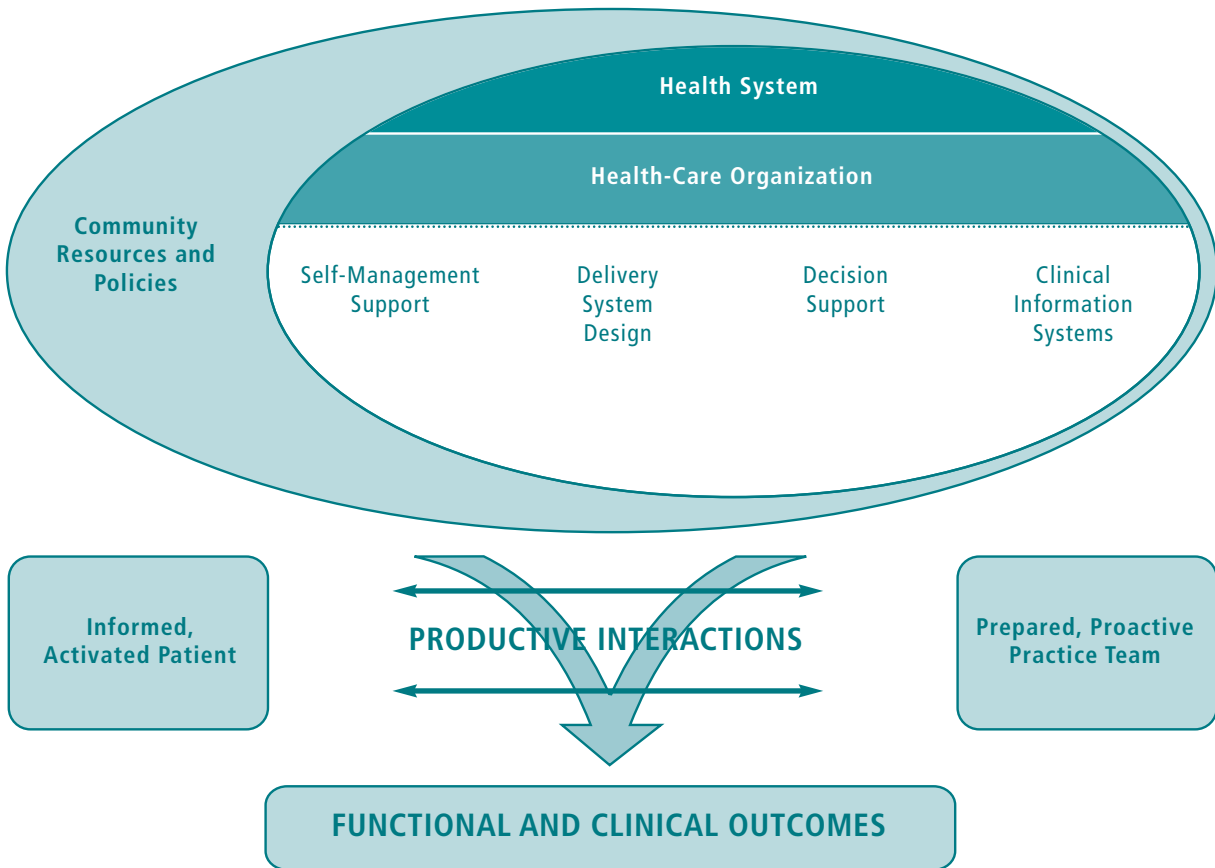


Figure A. Chronic Care Model



Printed with Permission from Effective Clinical Practice.

Source: Wagner, E.H. (1998). *Chronic disease management: What will it take to improve care for chronic illness?* Effective Clinical Practice, 1, 2-4.

The model involves two overlapping realms, the community and the health-care system, with “Self-Management Support” as one of the four essential components within the health-care system. The self-management support refers not only to coping with a condition, but also to the development of personal skills for health and wellness (Barr et al., 2003,).