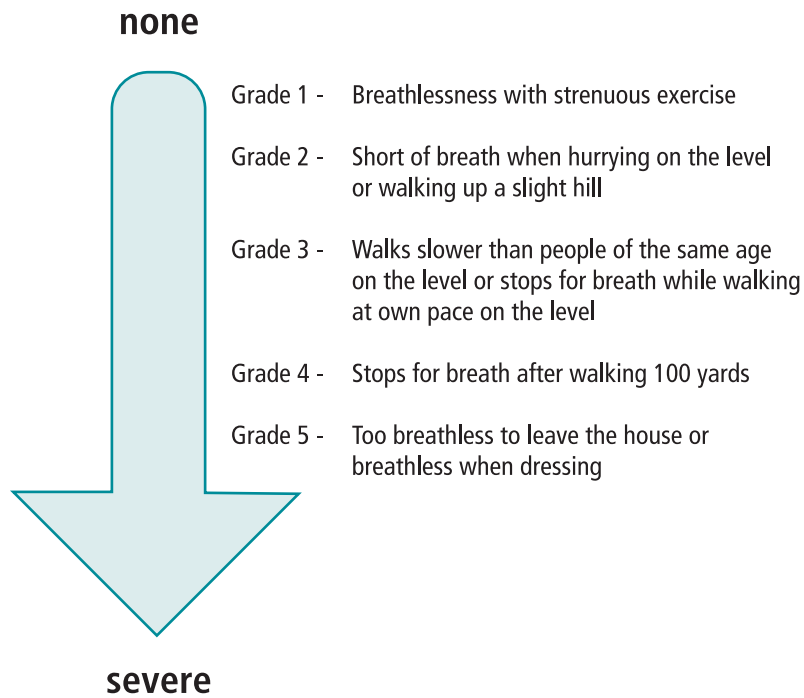


## Appendix E: Medical Research Council Dyspnea Scale

The Medical Research Council Dyspnea Scale can be used to assess shortness of breath and disability in chronic obstructive pulmonary disease.



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O'Donnell, D. E., Aaron, S., Bourbeau, J., Hernandez, P., Marciniuk, D., Balter, M. et al. (2003). Canadian Thoracic Society recommendations for management of chronic obstructive pulmonary disease – 2003. *Canadian Respiratory Journal*, 10(Suppl. A), 11A-65A.