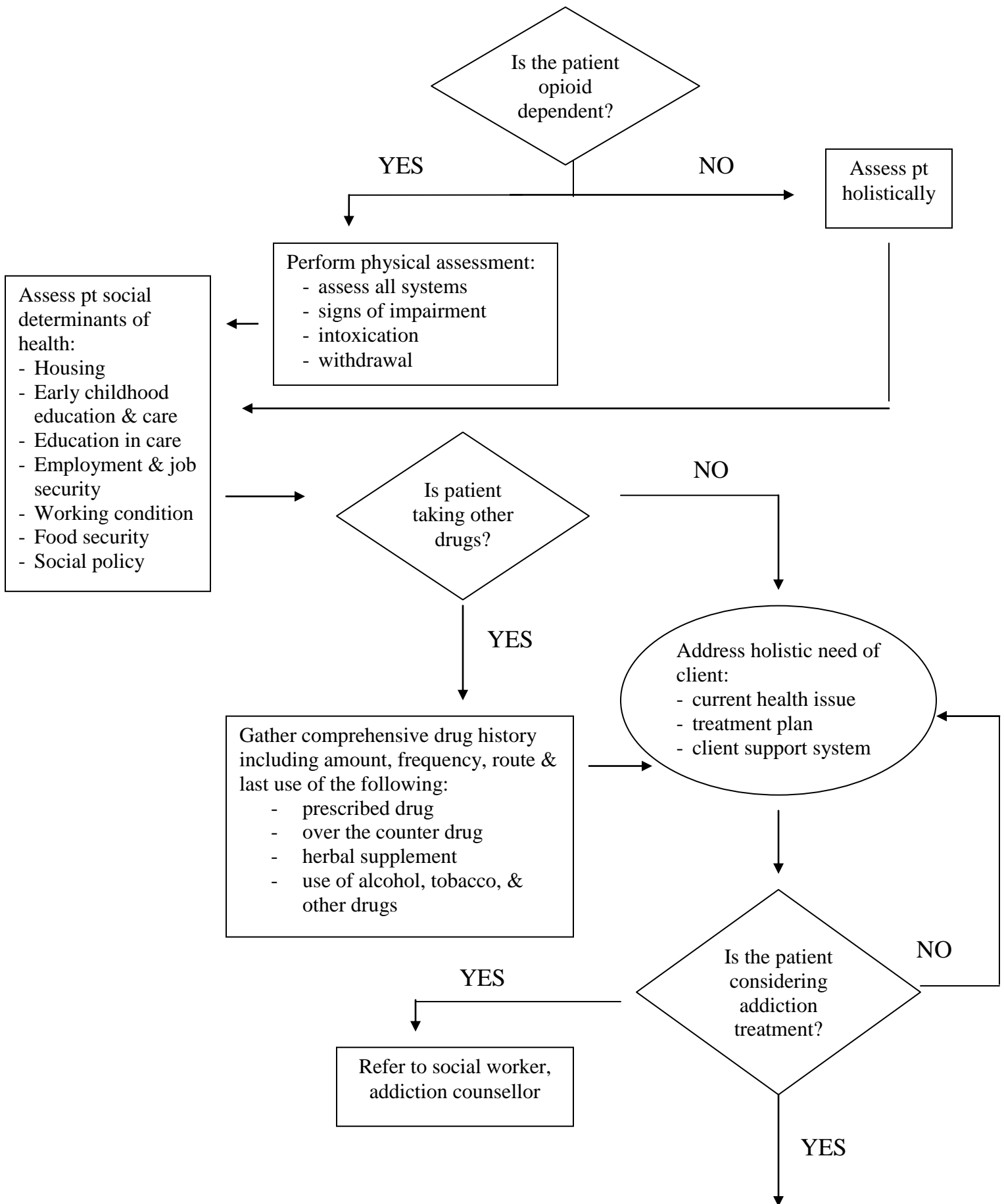


Methadone Maintenance Therapy Decision Tree



Use harm reduction approach to addiction treatment



Work with the client to determine his/her goals & needs regarding length of treatment.



Inform client of available treatment option for opiods dependency:

- Detoxification
- Replacement therapy
- Opiod antagonist
- Abstinence based treatment program
- Self help group

Pt considering MMT



Assess for factors affecting MMT:

- Opiod use
- Route of use
- Polysubstructure abuse
- Medication use
- Age
- Other pathology (eg. Liver or kidney disease)
- Genetic factors
- Pregnancy



Assess factor affecting risk for methadone toxicity:

- Use of benzodiazepine
- Use of sedating drug
- Lower opiod tolerance
- Alcohol abuse
- Age greater than 60
- Severe, unstable liver disease
- Respiratory illness
- Missed doses that lead to decrease tolerance
- Early stabilization stage



Refer to physician

