

Appendix D: PHQ-2 Client Health Questionnaire

PHQ-2

Over the past two weeks, how often have you been bothered by any of the following problems?

Little interest or pleasure in doing things.

0 = Not at all
1 = Several days
2 = More than half the days
3 = Nearly every day

Feeling down, depressed, or hopeless.

0 = Not at all
1 = Several days
2 = More than half the days
3 = Nearly every day

Total point score:

Score Interpretation:

PHQ-2 score	Probability of major depressive disorder (%)	Probability of any depressive disorder (%)
1	15.4	36.9
2	21.1	48.3
3	38.4	75.0
4	45.5	81.2
5	56.4	84.6
6	78.6	92.9

Figure 1. Patient Health Questionnaire (PHQ-2). This questionnaire is used as the initial screening test for major depressive episode.
Information from Kronenke, K., Spitzer, R.L., & Williams, J.B. (2003). The Patient Health Questionnaire-2: validity of a two-item depression screen. *Med Care*, 41: 1284-91; Thibault, J.M. & Steiner, R.W. (2004). Efficient identification of adults with depression and dementia. *American Family Physician*, 70: 6.