Nurses can obtain commitment from the patient for the next step(s) in making and implementing the decision.

Practical Questions to Confirm Next Steps
Ask the patient to confirm what he/she needs to do before making a choice:
1. Are you ready to make a plan?
2. Do you need to discuss the options with anyone else?
3. If so, with whom? ________________________________
4. Do you need to learn more about your options?
5. Do you need anything else to help you make your choice?
6. Will you be ready to make the decision by ____________________?
7. If not, what is keeping you from making the decision?

In summary, decision support is aimed at helping patients to reach quality decisions that are informed by the best available evidence and consistent with patient values. Figure 2 summarizes the steps in helping patients make timely quality decisions.

Figure 2: Steps in Decision Support