

Table 3: Threshold for Initiation of Treatment and Target Values for Blood Pressure

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Condition	Initiation of Treatment (SBP/DBP mmHg)	Target (SBP/DBP mmHg)
Diastolic \pm systolic hypertension	$\geq 140/90$	$< 140/90$
Isolated systolic hypertension	SBP > 160	< 140
Diabetes	$\geq 130/80$	$< 130/80$
Renal Disease	$\geq 130/80$	$< 130/80$
Proteinuria $> 1\text{gm/day}$	$\geq 125/75$	$< 125/75$